



Before you read, match the words and definitions

1. Déjà vu	a. seeing the future (n)
2. Short term memory	b. people who think logically
3. Long term memory	c. worrying about everything
4. A pathological case	d. very clear dreams
5. Psychologically healthy	e. a sense of being there before
6. A parapsychologist	f. not mentally ill
7. Telepathy	g. another dimension
8. Precognition	h. the ability to see distant places
11. Remote viewing	i. mind-to-mind communication
12. Neuroticism	j. remembering this week
13. Systematic thinkers	k. remembering your childhood
14. Lucid dreams	l. someone who can tell the future
15. A prophet	m. looking at patterns in a drink to tell the future
16. A parallel time plane	n. people who don't believe in ESP
17. Sceptics	o. a very serious case
18. Tea leaf reading	p. someone who studies the paranormal

Answer the questions

1. What do psychologists think is the cause of déjà vu?
2. What do parapsychologists think is the cause of déjà vu?
3. What psychic skill did the CIA use during the Cold War?
4. Who is more likely to be psychic: a shy person or an outgoing one?
5. Who is more likely to be psychic: a positive person or a worried one?
6. Who is more likely to be psychic: an imaginative person or a logical one?
7. Who is more likely to be psychic: someone who believes in ESP or a sceptic?

Now, read the text below and check your answers



PSYCHIC TEST

CAN YOU SEE INTO THE FUTURE?

Tick the boxes of this simple questionnaire to find out if you have ESP abilities and potential psychic personality traits

Q1: Have you:

- A** Had the eerie feeling that you've witnessed some new situation or episode on a previous occasion?
- B** Known what somebody's going to say next?
- C** Never felt you've lived through a situation before or anticipated an event?

Q2: When the phone rings do you:

- A:** Sometimes know exactly who's unexpectedly calling?
- B:** Guess wrong but the next person to call is the one you were originally thinking about?
- C:** Never think about who it may be?

Q3: When lost while driving in a strange town have you ever:

- A:** Depended entirely on your logic to find your way?
- B:** Recalled a dream of the location?
- C:** Followed your instincts and driven straight to the address?

Q4: Are you a person who:

- A:** Is the life and soul of the party?
- B:** Likes to express themselves but not excessively?
- C:** Prefers to keep their counsel?

Q5: When things go wrong do you:

- A:** Become withdrawn or depressed?
- B:** Remain anxious but hopeful?
- C:** Brush off your troubles and maintain a high optimism?

Q6: Are you:

- A:** Logical and systematic in your thinking?
- B:** Have good innovative ideas?
- C:** Extremely creative and artistic?

Q7: When you sleep do you:

- A:** Dream in colour?
- B:** Never dream?
- C:** Occasionally dream of events that happen in reality?

Q8: Do you:

- A:** Keep an open mind about the existence of ESP?
- B:** Accept it as completely true?
- C:** Believe it's all a load of rubbish?

Q9: When you look a cumulus clouds do you:

- A:** See the shapes of faces?
- B:** See a multitude of changing pictures?
- C:** See clouds?



PSYCHIC PREDICTION TEST ANSWERS

Add up your score and see how psychic you really are:

Q1: A 3 points, B 2 points, C 1 point

Psychologists say that a sense of being here before (Deja vu) may be caused by a mix up in the short and long term memory or temporal lobe lesions. In some pathological cases deja vu may be prolonged or continuous. However many psychologically healthy people also experience this odd sensation and sometimes are able to anticipate correctly what will happen next. The parapsychologist J W Dunn believed that deja vu happens because we half remember seeing the future in our dreams.

Q2: A 2 points, B 3 points, C 1 point

If you know who's at the end of the phone as it rings you may have the power of telepathy (mind to mind communication). But if you anticipate who will ring next then you have the powers of precognition (seeing the future).

Q3: A 1 point, B 3 points, C 2 points

The clairvoyant ability to psychically perceive distant locations was dubbed 'remote viewing' by the CIA who employed psychics to spy on Soviet installations during the Cold War. However if you dreamed of the location in advance then you may have seen the future.

Q4: A 3 points, B 2 points, C 1 point

Psychic researcher Betty Humphrey from Duke University, USA discovered that extrovert personalities displayed better ESP and precognitive abilities than introverts.

Q5: A 1 point, B 2 points, C 3 points

In 1977 researcher John Palmer examined every single published experiment on neuroticism and ESP. He demonstrated that highly neurotic people were poor ESP subjects and optimists scored better results. If you're an optimist you're more likely to see the future.

Q6: A 1 point, B 2 points, C 3 points Imaginative, creative people, and particularly artists, score better in ESP and precognition tests than systematic thinkers.

Q7: A 2 points, B 1 point, C 3 points People who have intense or lucid dreams often experience precognition. The parapsychological theorist John William Dunne proposes that during sleep we enter a parallel time plane and can witness events of a prophetic nature.

Q8: A 2 points, B 3 points, C 1 point People who believe in ESP often score better in tests than sceptics. However, some sceptics have ESP abilities whether they like it or not and score significantly below chance in card tests. If no ESP were involved they would have only achieve a chance score.

Q9: A 2 points, B 3 points, C 1 point Psychic people can often visually project images into random shapes. The great prophets such as Nostradamus would look into water or smoke markings to see the world's future in the shapes and patterns formed. The fortune telling systems of sand reading and tea leaf reading also employ this technique.

HOW DID YOU SCORE?

9 to 14 points- You've a long way to go. For you the future's a closed book.

15 to 20 points- Not bad. Even if you don't see the future you're probably very telepathic..

21 to 27 points- You have amazing prophetic powers- but you knew that I'd say that.



Check your answers

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"People who believe in ESP often score better in tests than sceptics."

Talking points

Do you believe in psychic ability? Do you have any, or know anyone who does?
Had you heard of déjà vu before? What is it called in your language?
Do you enjoy taking these type of quizzes? Could you write one yourself?