



What did the Romans eat?






There weren't any supermarkets 2000 years ago, when the Romans lived in Scotland, so what did they eat?

Check you know the keywords

Romans, Scotland, food, diet, army, history

Watch the video

<http://www.bbc.co.uk/learningzone/clips/5406.flv>

 TURNIPS	<p>SUMMARY</p> <p>Written evidence shows that the Romans imported foods such as olives, figs and dates. They also traded with the locals for food, kept their own animals. They also ate local fruit and vegetables such as turnips and apples.</p>
 DATES	<p>Look at the pictures on the left.</p> <p>You will hear the reporter talk about these foods. What order does he talk about them in? Which one do you hear first, second, third?</p>
 PASTA	<p>1. How do we know the Romans had a good diet?</p> <ol style="list-style-type: none"> We can look inside their dead bodies. They were all soldiers in an army, and an army must eat well.
 FIGS	<p>2. What food did the Romans import?</p> <ol style="list-style-type: none"> Turnips and apples. Olives, figs and dates. <p>3. What is written on the wooden tablets?</p> <ol style="list-style-type: none"> A recipe. A shopping list.
 OLIVES	<p>4. What food could the Romans 'make' themselves?</p> <ol style="list-style-type: none"> Meat from animals. Turnips and apples.



Check your answers

The reporter talks about:

1. pasta
2. dates
3. olives
4. figs
5. turnips

1. a
2. b
3. b
4. a